



MENU

*'Delectable
Mediterranean
style food, prepared
using only the
freshest and finest
ingredients.'*

686 Mumbles Road, Mumbles SA3 4EE
www.thebaybrasserie.co.uk 01792 367744

STARTERS

Bay Cocktail with avocado, prawns, lobster and crab, with marie rose	£6.95
Cozze e Vongole Meniere - mussels and clams, white wine and garlic	£6.50
Scallops St Jacques baked in mornay sauce topped with cheese	£7.95
Calamari Fritti with tartare sauce	£6.95
Asparagus with poached egg and hollandaise	£6.50
Gamberoni al algio	£7.50
French Onion Soup – Gruyere Croutons	£5.00
Rustic Fish Soup	£6.25
Baked Goats Cheese, walnuts & balsamic	£5.95
Dutch Liver Parfait-homemade chutney	£6.25
Crab + Prawn cakes, sweet chilli	£7.50
Fritto Misto, calamari, prawns, scallops and whitebait. (min. 2 covers)	£7.95 pp
Anti-Pasto Romano, sliced salami, fried pecorino, roasted artichoke	£6.95
Melanzane Parmigiana, baked aubergine, provolone, tomato and basil	£6.25
Duck Confit, beetroot and shallot salad	£6.25
Carpaccio di Manzo, thin sliced beef, rocket and pickled shitake	£6.95
Smoked Salmon	£6.95
Feta, beetroot and spring onion salad, pine nuts	£5.95
Goats Cheese Tartlet with roasted peppers	£5.95

FISH

Sea Bass – Grilled / Rock Salt	£15.95 per lb
Halibut - Lobster Sauce	£16.95
Baked Sea Bream, with green olives, cherry tomato, white wine	£13.95 per lb
Monkfish and Smoked Pancetta Kebab	£13.95
Scallops St Jacques / Gratin	£7.95 / £15.95
Lemon Sole Sassi, mushroom, white wine and butter sauce / Goujons	£14.95
Lobster Thermidor / Garlic Butter	£24.95 per lb
Grilled Tuna Oregano	£15.95
Salmon Herb Crust with chive sauce / Goujons	£12.95
Roasted Hake Salsa Verde	£13.95
Turbot Veneziana, pan fried venizian onions, thyme and white wine	£19.95 per lb

All fish dishes include french fries or new potatoes

ENJOY TRADITIONAL
SUNDAY LUNCH
MIDDAY UNTIL 4PM

MEAT AND GAME

Pot Roasted Chicken, shallots and peas	£10.95
Roasted Pork Belly, parsnip and celeriac puree	£11.50
Duck Breast, hoi sin dressing	£13.50
Rack of Lamb - Dijon herb crust	£15.95
Chicken Grand Mere, smoked pancetta, white wine and cream	£12.50
Fillet of Beef 8oz	£19.95
Sirloin of Beef 10oz	£15.95
Rib Eye on the Bone 24oz <i>Ideal for sharing</i>	£29.95
<i>All our steaks are locally sourced, and hung for a minimum 21 days</i>	
Calves Liver Venziana, roasted onions and balsamic	£13.50
Calves Liver Salvia, pan fried with pancetta and sage butter	£13.50
Polo Milanese, panfried in breadcrumbs, citrus salad	£10.95

SAUCES

Pepper, Béarnaise, Garlic Butter £1.95

All meat and game dishes include french fries or new potatoes

PASTA

Zitoni Toscana, tubular pasta with spicy sausage sauce	£8.95
Spaghetti Cozze e Vongole, mussels, clams with cherry tomato	£8.95
Pappadelle Anitra and Porcini, smoked duck in cream sauce	£9.95
Mezza Maniche, charred courgettes, radicchio in tomato sauce	£8.50
Penne Gamberetti Zucchini, prawns, courgettes in creamy tomato	£8.95
All Pasta available in tomato sauce or meat ragu	£7.95 / £8.95

PIZZA

Pizza Romano, salami, dolcelatta and rosemary	£8.95
Pizza Pescatora, prawns, tuna, anchovies, mussels	£9.50
Pizza Prima Vera, Goat's cheese, roast peppers, courgette	£8.50
Pizza Contadina, artichoke, salami, olives	£8.95
Pizza Prosciutto Crudo, Parma ham, rocket, parmesan	£9.50
Pizza Margherita, tomato, mozzarella, oregano	£7.95

SALADS

Tuna Nicoise	£9.50
Chicken Caesar	£5.50 / £8.95
Lobster Panzanella	£26.95
Grilled Chicken Panzanella	£8.95
<i>Panzanella is a Tuscan Salad, olives, roasted peppers, capers, basil, olive oil, and chunky croutons</i>	

SIDES

French Fries	
New Potatoes	
Petit Pois alla Francaise	
Dauphinoise Gratin	
Spiced Potato	
Mixed Greens	
Zucchini fritto	
Spinach, Garlic and Chill	£2.50

Please note that for parties of 8 or more guests, a discretionary service charge of 10% will be applied to the total table bill.
Our dishes may contain nuts, if you suffer from any allergies please advise our waiting team.

LIGHT BITES MENU

SERVED 10am until 6pm. See inside for our full menu

PASTA

Zitoni Toscana	£4.95 / £8.95
Spaghetti Cozze e Vongole	£4.95 / £8.95
Pappadelle Anitra and porcini	£5.50 / £9.95
Mezza Maniche con radicchio zucchini	£4.95 / £8.50
Penne Gamberetti zucchini	£4.95 / £8.95
All Pasta available in tomato sauce and meat ragu	£4.25 / £7.95

PIZZA

Pizza Romano, salami, dolcelatta and rosemary	£8.95
Pizza Pescatora, prawns, tuna, anchovies, mussels	£9.50
Pizza Prima Vera, Goat's cheese, roast peppers, courgette	£8.50
Pizza Contadina, artichoke, salami, olives	£8.95
Pizza Prosciutto Crudo, Parma ham, rocket, parmesan	£9.50
Pizza Margherita, tomato, mozzarella, oregano	£7.95

SALADS

Tuna Nicoise	£8.95
Chicken Caesar	£5.50 / £8.95
Parma Ham, sun blushed tomato and mozzarella	£7.95
Smoked Salmon, dill and crème fraiche	£7.95
Panzanella	£6.50
Grilled Chicken Panzanella	£5.50 / £8.95

SANDWICHES AND SOUPS

French Onion Soup	£5.00
Rustic Fish Soup	£6.25

Our sandwiches selection changes daily please peruse the blackboard

SIDES

Garlic Pizza Bread	£3.95
Focaccia, sea salt and rosemary	£3.95
French fries	£2.50
Marinated Olives	£2.95
Tomato and Onion Salad	£2.50
Rocket and Parmesan Salad	£2.50

PUDDINGS AND CAKES

Chocolate Brownie	£2.95
Banana and Walnut Cake	£2.95
Lemon Drizzle Cake	£2.95
Caramel Shortcake	£2.95
Fresh Fruit Meringue	£3.50

HOT BEVERAGES

Cappuccino	£2.25
Latte Macchiato	£2.25
Café Mocha	£2.75
Espresso	small £1.60 large £1.95
Americano	£1.90
Floater Coffee	£2.60
Liqueur Coffee	£3.90
Hot Chocolate	£2.00
Speciality Teas	£1.75
Tetley's Tea	£1.75

Decaffeinated Teas and Filter Coffee Available

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